

# Research Alert

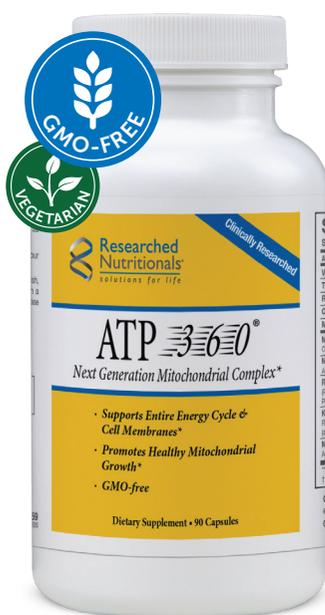
## Study on ATP 360®

### RESEARCH EXECUTIVE SUMMARY

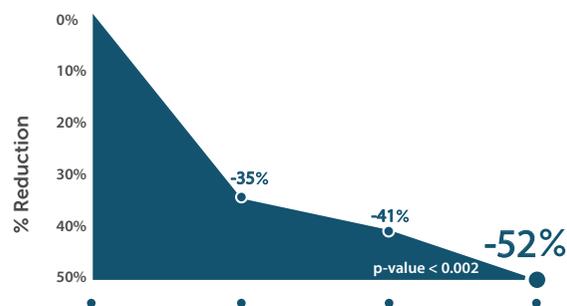
An in-vivo, 8-week study, using ATP 360® as the sole nutritional intervention was conducted to assess changes in mitochondrial function and was peer-reviewed and published in *Alternative Therapies in Health and Medicine*. The study was conducted on participants who complained of long-term, unexplained fatigue. The participants were otherwise healthy with no medical diagnoses.

#### Research Highlights:

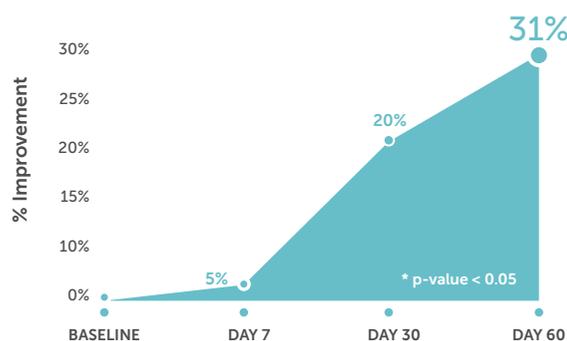
- **Energy Levels\***
  - 52% reduction in fatigue (p<0.002)
- **Mental Functioning\***
  - 31% improvement in mental functioning (p<0.05)
- **Sleep\***
  - 68% improvement in quality of sleep (p<0.015)
- **TNF- α\***
  - 19% reduction in TNF-α (p<0.01).
  - Research studies have correlated high cytokine activity with adverse change in oxidative stress level, mitochondrial function and cardiovascular health.
- **Blood Pressure\***
  - 12% reduction in diastolic blood pressure at 8 weeks (p<0.01).



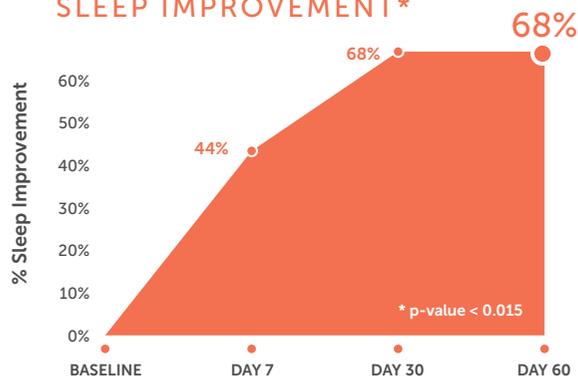
#### FATIGUE REDUCTION\*



#### MENTAL FUNCTIONING\*



#### SLEEP IMPROVEMENT\*



Hamilton D, Jensen GS. Nutraceutical Support of Mitochondrial Function Associated With Reduction of Long-term Fatigue and Inflammation. *Altern Ther Health Med*. 2021 May;27(3):8-18. PMID: 33882028.



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\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.



Product No. RN159

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# ATP 360®

## Next Generation Mitochondrial Complex

Supplement Facts		
Serving Size 3 Capsules Servings Per Container 30		
Amount Per Serving	% Daily Value**	
Vitamin C (from Membrane Restore™ Blend)	100 mg	111%
Thiamin (from Membrane Restore™ Blend)	50 mg	4167%
Riboflavin (from Membrane Potential™ Blend)	42 mg	3250%
Choline (from RN Lipid Concentrate™ Blend)	27 mg	5%
Magnesium (from Krebs Plus Foundation™ Blend)	50 mg	12%
<b>Membrane Potential™</b> CoQ10, Riboflavin-5-Phosphate, Panmol® (NADH).	215 mg	†
<b>Membrane Restore™</b> Ascorbic Acid, DeltaGold® Tocotrienols.	186 mg	†
<b>RN Lipid Concentrate™</b> (Phosphatidylcholine, Phosphatidylethanolamine, Phytoglycolipids, Phosphatidylinositol)	400 mg	†
<b>Krebs Plus Foundation™</b> R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium (as Di-Magnesium Malate), Thiamine HCl.	225 mg	†
<b>Mitogenesis RN™</b> Acetyl L-Carnitine, PQQ (Pyrroloquinoline Quinone).	210 mg	†

\*\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Hypromellose (vegetable capsule), rice hull extract, calcium carbonate, and mineral silica.

**Contains:** Ingredients derived from soy.

Manufactured without milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, corn and gluten. Produced in a facility that may process other ingredients containing these allergens.

### Features & Benefits\*

Mitochondrial health can be influenced by a multitude of health-related & environmental factors. To improve mitochondrial function, both the number of mitochondria and the function of mitochondria need to be supported. ATP 360® was designed to offer complete mitochondrial support, including promoting normal mitochondrial growth and mitosis, supporting a healthy mitochondrial membrane, and supplying the necessary cofactors for optimal cellular energy production.

**This complete mitochondrial complex supports the following key areas of mitochondrial health:**

- **Healthy Membrane**
  - Energy is created within the membrane
  - A healthy membrane is essential for vigorous energy production
- **Healthy Antioxidant Levels**
  - Antioxidants are important in neutralizing free radicals which cause oxidative stress
  - Oxidative stress damages the membrane
- **Healthy Cytokine Activity**
  - To protect the membrane
- **Krebs Cycle & Electron Transport Chain Support**
  - Maximize membrane potential and ATP production
- **Healthy Mitosis and Biogenesis**
  - Healthy cell division necessary for producing new mitochondria
  - Increased mitochondrial mass improves cell performance

**All the necessary mitochondrial support in one convenient formula.**

### Suggested Use

As a dietary supplement, take 3 capsules once daily with or without food or as directed by your health care professional.

### Cautions

If pregnant or nursing, consult your health care professional before use.

### Each Capsule Includes:

Features	Constituents/Actions	Benefits*
Membrane Potential™	CoQ10, Riboflavin-5-Phosphate, Panmol™ (NADH)	• Supports the electron transport chain, forms ATP cellular energy & provides High dose CoQ10
Membrane Restore™	Ascorbic Acid, DeltaGold™ tocotrienols	• Restores mitochondrial membranes & reduces oxidative stress
RN Lipid Concentrate™	Phosphatidylcholine, Phosphatidylethanolamine, Phytoglycolipids, Phosphatidylinositol	• Maintain cellular membrane integrity
Krebs Plus Foundation™	R-Lipoic Acid, Alpha Ketoglutaric Acid, Magnesium, Thiamine	• Key nutrients to support the Krebs cycle
Mitogenesis RN™	Acetyl-Carnitine, PQQ (Pyrroloquinoline Quinone)	• Supports new mitochondria formation & helps increase mitochondrial mass supporting healthy function

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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