

**Nutritional Observation: Standard Process Cyruta Plus ( # 3325 & # 3330) for professional use only**

**Cyruta Plus:** Original therapeutic food that was checked against the acoustic cardiograph. Organic Buckwheat harvested at Standard Process farm at time when rutin is at its highest. Gluten- Free

- ✓ **High in Rutin-helps keep arteries strong, yet pliable**
  - Because the heart never stops beating, arteries are constantly being flexed by this action. If not nourished, they get small splits like an aging car tire. If not repaired, they're "repaired" with the plastering agent cholesterol. <sup>1</sup>
- ✓ **Cardio Protective Irregular heartbeat, chest pain**
  - We've had many people improve the condition of their heart and arteries since we discovered this. One was experiencing knife-stabbing pains through her heart to her back. Cyruta cleaned and repaired her arteries and she felt the pains less frequently and with less intensity. She was 75% better in just 3 weeks!
- ✓ **Disc herniation/rupture of cartilage/ Ankylosing Spondylitis<sup>2</sup>**
  - I've had fabulous feedback on using 20 Cyruta Plus twice daily for all disc issues including support of ankylosing spondylitis. One East Bay practitioner told me that he got significant relief in 4 days time of using this product. Considering that his spine looks like "candle wax", he was amazed to get more flexibility in such a short period of time.
- ✓ **Diabetes Support:** (enhances blood sugar sensitivity-adrenal cytosol keeps blood sugar from crashing)
- ✓ **Connective tissue:** Buckwheat leaf flavonoids for connective tissue, peavine has ligament connective building property, bone,
- ✓ **Hypertension/oxidative stress:** Buckwheat seed excellent for high blood pressure due to natural ACE inhibitors.<sup>3</sup>
- ✓ **Migraine headaches:** Chew at least 6 buckwheat to keep migraines at bay-Use with Medi Herb Headache Tonic:
  - 50 mL Ashwaganda
  - 50 mL Rehmannia
  - 40 mL Valerian
  - 55 mL Globe Artichoke
  - 30 mL California Poppy
- ✓ **Micro Circulation/Varicose Veins: use along with Ginkgo and Medi Herb Horse Chestnut Cx**
- ✓ **Gum disease, bleeding gingivitis related to modern day scurvy (bioflavonoid deficiency disease)<sup>4</sup>**
- ✓ **Venous Insufficiency/Leg Edema: use in conjunction with MH Horse Chestnut Cx for best results**
  - Clinical studies with buckwheat and chronic venous insufficiency/ leg edema
- ✓ **Post Cancer support- helps restore body from radiation damage**
  - Buckwheat high in rutin-helps keep arteries strong yet pliable-irregular heartbeat, chest pain-known as roto rooter for arteries-also excellent for disc herniation-repairs rupture of cartilage-diabetes support
- ✓ **Source of Thiamine, Riboflavin and a prebiotic<sup>5</sup>**
- ✓ **Patient "rave reviews" of Cyruta Plus <sup>6</sup>**

<sup>1</sup> <http://thenutritionalhealingcenter.com/this-vitamin-can-heal-arteries-but-theres-a-catch/>

<sup>2</sup> [https://www.seleneriverpress.com/images/pdfs/SCURVY\\_&\\_INTERVERTEBRAL\\_DISC\\_LESIONS\\_McCORMICK\\_RPRNT\\_5d.pdf](https://www.seleneriverpress.com/images/pdfs/SCURVY_&_INTERVERTEBRAL_DISC_LESIONS_McCORMICK_RPRNT_5d.pdf)

<sup>3</sup> <https://www.ncbi.nlm.nih.gov/pubmed/19140152>

<sup>4</sup> <http://www.foothillchiropractic.com/images/newsletters/BruisesBleedingGumsStrokes.pdf>

<sup>5</sup> Vasile, Aida; Paraschiv, Daniela; Dima, Stefan; Bahrim, Gabriela. *Innovative Romanian Food Biotechnology*; Galati 9 (Sep 2011): 52-59.

<sup>6</sup> <http://www.healthalert.com/testimonials.aspx>