

MEDI  HERB®

# Cat's Claw Forte

Restorative Tonic for Immune System Support\*

- ✓ Standardized to contain 3.8 mg POAs per tablet
- ✓ Traditional herb backed by scientific research

Quality-tested formula



# Cat's Claw

Cat's Claw is a high-climbing vine, native to the Amazon. The vine has claws and hooks which look like the claws of a cat and give the herb its common name.

Traditionally used by the Asháninka Indians of Peru, Cat's Claw is used to support the immune system.\* However, not all Cat's Claw offers the same immune system support due to natural variations in the plant (called chemotypes) that affect the levels of active compounds. The chemotype with high levels of **Pentacyclic Oxindole Alkaloids (POAs)** is known to support the immune system, whereas Cat's Claw containing high levels of Tetracyclic Oxindole Alkaloids (TOAs) can have immune-suppressing activity.

## Features and Benefits of MediHerb Cat's Claw Forte

- ✓ **Guaranteed POA Levels** – the Cat's Claw chemotype MediHerb sources is guaranteed to contain 3.8 mg per tablet of the immune active Pentacyclic Oxindole Alkaloids (POAs), and has been verified by scientific research.
- ✓ **Backed by High-Quality Testing** – MediHerb tests the quantity of Pentacyclic Oxindole Alkaloids and Tetracyclic Oxindole Alkaloids in Cat's Claw raw material to ensure optimal strength and quality. MediHerb's specialist testing ensures the Pentacyclic Oxindole Alkaloids are retained in the product throughout manufacture.
- ✓ **Correct Ratio of POAs to TOAs** - MediHerb testing ensures the correct ratio of POAs to TOAs to optimize clinical effects.
- ✓ **MediHerb Manufacturing Expertise** – manufactured in Australia to pharmaceutical GMP standards.



# MediHerb® Cat's Claw Forte

The stem bark of Cat's Claw (*Uncaria tomentosa*) contains a group of important constituents: the Pentacyclic Oxindole Alkaloids. In the traditional systems of Peru, Cat's Claw is regarded as a tonic or restorative to make one feel stronger and healthier.\*

## Why Use MediHerb Cat's Claw Forte?

Cat's Claw has been traditionally used in Peruvian herbal preparations:

- ✓ As a **restorative tonic**\*
- ✓ To support **healthy immune system function**\*
- ✓ To maintain and support **healthy joint movement**\*
- ✓ To support **healthy skin**\*
- ✓ To provide **antioxidant activity**\*

## Additional Support

- **Immune Support** – for additional immune system support, consider **Astragalus Complex** tablets and **Echinacea Premium** tablets.\*
- **Vitality** – consider **Ganoderma & Shiitake** tablets and **Eleuthero** tablets to further support vitality and restore healthy immune system function.\*
- **Resistance Function** – consider **Viranon** tablets to help promote the body's normal resistance function.\*

## Cat's Claw Forte may benefit patients:

- ✓ Experiencing frequent immune system challenges\*
- ✓ Requiring joint function and movement support\*
- ✓ Looking for a restorative tonic to assist with general well-being after challenge\*
- ✓ Looking for antioxidant support\*



STANDARDIZED  
POA LEVELS

IMMUNE SYSTEM  
RESTORATIVE  
TONIC\*

QUALITY  
TESTED

## Supplement Facts

Serving size:	1 Tablet	
Servings per container:	60	
	Amount per Serving	%DV
Calcium	38 mg	2%
Cat's Claw bark 12:1 extract from <i>Uncaria tomentosa</i> bark 2.19 g Containing POA (Pentacyclic Oxindole Alkaloids) 3.8 mg	183 mg	†
† Daily Value (DV) not established.		

**Other Ingredients:** Microcrystalline cellulose, dibasic calcium phosphate dihydrate, sodium starch glycolate, magnesium stearate and hypromellose.

**Cautions:** Contraindicated in pregnancy and in women wishing to conceive. Not to be used during lactation, unless otherwise directed by a qualified health care professional. Caution in patients taking immune suppressant medication or protease inhibitors.

## Suggested Use:

1 tablet 2-3 times daily, or as directed.

M1680 60 tablets

Please consult the product packaging label for the most accurate product information. See cautions and/or contraindications on the product label or in the MediHerb catalog before dispensing.

\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# Cat's Claw Quality Testing

To uphold our industry-leading reputation for quality and results, MediHerb has tested various products in the health care professional landscape to ensure we are the brand meeting and exceeding your expectations with every bottle you purchase.

Below is a snapshot of the testing results that were determined across a range of top-selling health care professional herbal supplements in the United States. All testing and analysis was conducted by the technical department of Integria Healthcare. Their analytical laboratory is licensed by the Therapeutic Goods Administration (TGA) in Australia.

## Noteworthy Facts

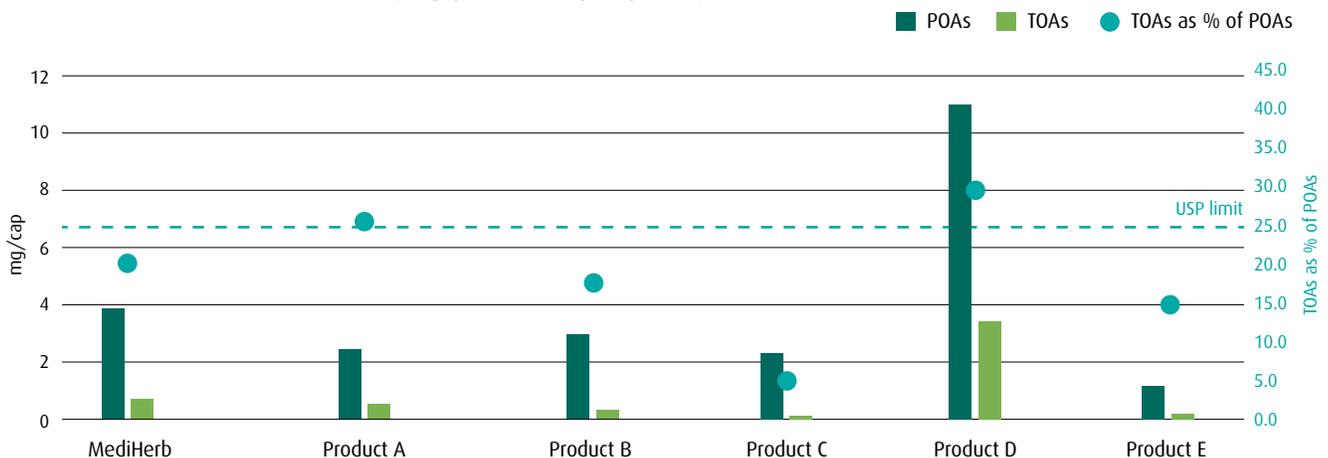
- USP-NF (United States Pharmacopeia - National Formulary) monographs for Cat's Claw capsules and tablets specify that the content of TOAs (which are considered undesirable) should be not more than 25% of the content of Pentacyclic Oxindole Alkaloids (POAs). Of the five products that were tested, two exceeded the USP-NF limit for TOA content.
- Note that most of the other Cat's Claw products do not make a standardized claim of POA content on their label, so POA and TOA content could vary batch-to-batch.
- MediHerb Cat's Claw Forte is backed by quality testing processes to ensure batch-to-batch consistency. Testing occurs at various stages of production and follows strict criteria, so you can be sure every bottle of MediHerb Cat's Claw Forte is of the highest quality, containing the important constituents – POAs.**

## Cat's Claw Solid Dose Product Comparison

MediHerb Cat's Claw Forte is labeled with the total POA content. The testing below reports the content of POAs and TOAs in mg per capsule/tablet, and the content of TOAs as percentage of the measured amount of POAs (teal dots) in five solid dose form Cat's Claw products in the U.S. The horizontal teal dashed line shows the USP-NF maximum for TOAs as percentage of POAs (25%).

- The MediHerb tablet contained **3.9 mg POAs per tablet**, slightly above its label claim of 3.8 mg. It also contained less than the USP-NF limit of the undesirable TOAs.
- When taken at the maximum recommended daily dose (3 tablets), the MediHerb product provided **11.6 mg POAs per day**. Most recent clinical trials of Cat's Claw have used 7.7-15 mg POAs per day.
- Only one product (Product D) contained more POAs than MediHerb. However, this product exceeds the USP limit of the undesirable TOAs (30%).
- Of the three products that meet the USP-NF limit for TOAs (Product B, C, E), MediHerb contains the highest levels of the desirable POAs.

## Cat's Claw oxindole alkaloids (mg per tablet/capsule)

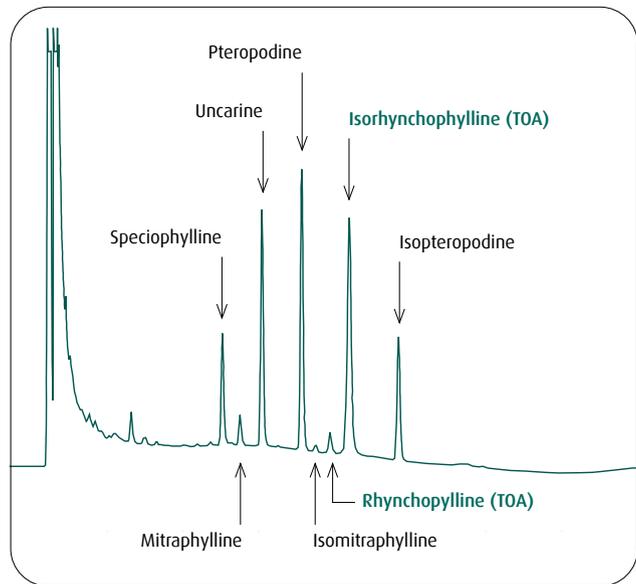


# Cat's Claw Quality Story

As a health care professional, you need to be confident of the integrity of the herbal manufacturer to ensure that the correct chemotype is used.

Two plants may be the same species, but have different chemical profiles. The Asháninka Indians of Peru recognized two different chemotypes of the Cat's Claw plant: one which was used in traditional Peruvian herbal preparations, while the other was never used.

This difference has been verified phytochemically, and two chemotypes have been identified: the preferred chemotype contains predominantly Pentacyclic Oxindole Alkaloids (POAs) - speciophylline, uncarine, mitraphylline, pteropodine, isomitraphylline and isopteropodine; the other chemotype, which was never used, contains predominantly the Tetracyclic Oxindole Alkaloids (TOAs) rhynchophylline and isorhynchophylline in addition to the POAs. **The preference for the POA chemotype Cat's Claw has been backed by scientific research.**



MediHerb tests each batch of Cat's Claw to determine that only the preferred chemotype is used to manufacture our Cat's Claw Forte. The batch of herb shown in the diagram was rejected by our quality assurance testing as it contained high levels of TOAs.





# The Quality Choice for Practitioners



## Over 30 years of experience in natural health care

For over 30 years, MediHerb has provided health care professionals with high-quality herbal products. Primary research, clinical experience and respect for traditional evidence defines the MediHerb approach to innovation – tried, tested, trusted and true.



## Manufactured to pharmaceutical GMP standards

All MediHerb products are manufactured under pharmaceutical GMP and subject to our rigorous and specialized testing to ensure they contain what is on the label for suitable clinical results batch after batch. We've invested in our own state-of-the-art laboratories featuring the latest technological equipment for precision, accuracy and quality control. Our testing occurs at various stages of production and follows strict criteria, so you can be sure every MediHerb product is of the highest quality and consistent potency.



## Results-driven formulations

Standardized ingredients and quantified activity levels are tested where relevant and allow us to ensure MediHerb formulas retain potency and deliver suitable doses throughout their shelf life. Our labels state exactly how much each product contains of the important plant constituents, so you know exactly what you are prescribing to your patients and can rest assured that our formulations are produced at suitable doses.

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**\* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.**